

## Be Enriched Receives National Community Award for Promoting Healthier Eating in London

Local South London charity, Be Enriched, has been bestowed with a prestigious national award in recognition of its exceptional efforts in fostering healthier eating habits and reducing social isolation among Londoners.

The organisation, dedicated to combatting loneliness and establishing connections through food-centric initiatives, has been honoured with the British Nutrition Foundation's (BNF) esteemed Drummond Community Award. This accolade acknowledges Be Enriched's remarkable endeavours in addressing the issue of healthier eating among vulnerable groups in the UK through delivery of Community Canteens, Kids Clubs and the innovative Food Bus.

Speaking about the award, Bridget Benelam, Nutrition Communications Manager, at BNF, said: "At a time when it's so difficult for many people to afford a healthy diet, Be Enriched provide nutritious meals from food that would otherwise be wasted to people at risk of social isolation. We were delighted to select Be Enriched as the winner of the BNF Drummond Community Award, recognising the amazing work they are doing for vulnerable people in the community."

Kemi Akinola, Founder and CEO of Be Enriched, expressed gratitude for the award, remarking: "We are immensely proud to receive this recognition for our initiatives spanning Lambeth, Southwark, and Wandsworth. Every week, our projects bring people together over nourishing meals and make fresh produce accessible to those facing challenges in obtaining them. The cost of living has significantly impacted numerous individuals, especially after the hardships of recent years."

Akinola continued: "Winning this award validates the positive impact we're making and acknowledges the tireless efforts of our team. We extend our heartfelt thanks to all our supporters, funders, and volunteers for their unwavering support. We invite everyone to join us at our projects, whether for a healthy meal, affordable shopping, or volunteering opportunities."

Be Enriched continues to work hard, and will be introducing a new project later this week. Anyone interested in supporting the charity's efforts can provide a donation at [www.globalgiving.org/projects/be-enriched/](http://www.globalgiving.org/projects/be-enriched/)

Any company interested in sponsoring a project, or working closer together with the charity, can also get in touch by emailing [hello@be-enriched.org](mailto:hello@be-enriched.org)

A video produced by BNF and ITN showcasing Be Enriched's work and why it won the award can be found at: [www.youtube.com/watch?v=9u\\_Uogw\\_WBE](http://www.youtube.com/watch?v=9u_Uogw_WBE)

### Notes to Editors

#### **About Be Enriched:**

Be Enriched is a charity on a mission to create a world buzzing with connections, where people, food and the planet are united. For over a decade, it has operated Community Canteens, transforming surplus food into nutritious meals with the help of dedicated volunteers. These gatherings at Clapham, Elephant and Castle, and Tooting have provided local people with not only food but enriched lives by offering a platform for sharing stories, building connections, and reducing food waste.

The charity also runs the unique Food Bus, a lower cost, mobile greengrocers and community space, which reaches areas experiencing food insecurity or inaccessibility to food. It's Kids Clubs are a school holiday provision, aimed at low-income families, providing food, fun and friendship.

More information about the charity's initiatives can be found at [www.be-enriched.org/](http://www.be-enriched.org/)

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