

Charity gets Doubled this December

As the festive season approaches, social inclusion charity Be Enriched is asking people to help double its impact in the Lambeth, Southwark and Wandsworth communities.

This December, everyone is looking to make their money go further, and charitable donations to good causes should be no exception. That's why when you donate to Be Enriched, any donations made during the month will be doubled - meaning if you donate £1, the charity will receive £2.

Be Enriched is a South London charity that seeks to bring people together over a hot, healthy meal. Its Community Canteens in Elephant and Castle, Tooting and soon-Clapham offers anyone the chance to sit down and have a three-course vegetarian meal and socialise with their neighbours. Dishes are made from donated surplus food and prepared by volunteers.

Kemi Akinola, Founder and Chief Executive Officer of Be Enriched, explained: "As the Cost-of-Living Crisis worsens, charities like ours become more necessary. Many people are struggling to afford to feed themselves and their families while paying bills. Be Enriched aims to bring people in from the cold by providing a safe warm space to share a homecooked meal. We know that many people feel stigma attending foodbanks, so at Be Enriched everyone is welcome at our table. People meet their neighbours, find friends in their local community, and support each other over hot, nutritious food. Whilst we utilise surplus food to cook our meals we know that big change is needed to address the root causes of poverty and work towards a future where everyone can afford to buy, cook and eat food they want."

The Be Enriched Canteens rely on donations to ensure they can continue to operate and provide nutritious food across South London. By donating in December, your money will go twice as far as it usually would. Giving £12.50 this month will provide an entire three-course Christmas meal for one at the Canteens, including festive extras. Just £2.50 will cover a starter for someone who may otherwise spend the Christmas period alone and hungry.

People can donate, and find out more, at

<https://www.avivacommunityfund.co.uk/p/help-us-share-hot-food-and-friendship>

Notes to editors

Be Enriched is a charity on a mission to create a world buzzing with connections, where people, food and planet are united. It delivers a range of projects, including Community Canteens; The Food Bus, a specially converted double-decker which takes affordable food and essential supplies to communities that need them; and Healthy Holidays, providing children with developmental activities and food when schools are closed. It also supports delivery of the Wandsworth Food Partnership, and works closely with its sister social enterprise, Brixton People's Kitchen.

Find out more at: <https://www.be-enriched.org/>